

## MAIN STREET MARKET SALADS

All our lettuces are fresh-cut, double-washed, and dried daily to ensure the freshest salad you have ever experienced.

Dressing packets are available for an additional charge.

### CLASSIC GREENS SALAD

Fresh salad greens topped with tomatoes, peppers, cucumbers, and red onions. This is the salad that started it all.

**\$5.00**

### GRILLED CHICKEN SALAD

Our classic greens salad topped with strips of grilled chicken breast and shredded Parmesan cheese.

**\$7.00**

### GREEK SALAD

Our classic greens salad topped with Kalamata olives, pepperoncini, and crumbled feta cheese.

**\$7.00**

### BUFFALO CHICKEN SALAD

Our classic greens salad topped with deli sliced buffalo chicken and crumbled blue cheese.

**\$7.00**

### CLASSIC CAESAR SALAD

Crisp romaine lettuce, black olives, croutons and shredded Parmesan cheese, tossed in our house Caesar dressing.

**\$6.00**

with Chicken **\$7.50**

### MARKET TUNA SALAD

Our classic greens salad topped with our house made tuna salad, croutons and black olives.

**\$7.00**

### CHEF SALAD

Our classic greens salad topped with deli sliced ham, turkey, and provolone cheese.

**\$7.00**

### CALIFORNIA SALAD

Our classic greens salad topped with strips of grilled chicken, bacon, avocado, and shredded Monterey Jack and cheddar cheese.

**\$8.00**

## OUR MISSION

At Main Street Market we pride ourselves in offering you only the best possible selection, freshest ingredients and highest commitment to excellence we can. We make everything fresh daily, and will only give you the best seasons have to offer.

We are willing to accommodate any dietary restrictions and are open to helping you cater your next luncheon or social gathering. Here at Main Street Market we will do whatever it takes to make you happy.

**CALL: (413) 737-3086 OR TOLL FREE: (877) FRESH AC**



Located at AC Produce

# LUNCH MENU

**487 Main Street  
Springfield, MA 01105  
(413) 737-3086**

Toll Free (877) FRESH AC

Fax (413) 734-1827

[www.ACMainStreetMarket.com](http://www.ACMainStreetMarket.com)

## HOURS:

**Monday - Friday 8 a.m. - 6 p.m.**

**Saturday 8 a.m. - 4 p.m.**

**Sunday Closed**

## MAIN STREET MARKET PANINI SANDWICHES

All paninis are served on a rosemary focaccia bread then grilled to perfection.  
Choose from one of our market creations or create your own panini!

### CLASSIC RUEBEN PANINI

Slow cooked corned beef with Swiss cheese, sauerkraut and 1,000 island dressing.

**\$7.00**

### ITALIAN COLD CUT PANINI

Genoa salami, mortadella, capicola and prosciutto, topped with marinated vegetables and provolone cheese, drizzled with olive oil and balsamic syrup.

**\$7.50**

### MORE HONEY PLEASE PANINI

Maple glazed honey turkey served with vine-ripe tomatoes, tender baby spinach, muenster cheese and sweet honey mustard

**\$7.00**

### PEPPER MILL PANINI

Cracked pepper mill turkey, lettuce, tomato, 1000 island dressing and a blanket of Dill Havarti cheese.

**\$7.00**

## MAIN STREET MARKET WRAPS

Choices of wraps includes tomato basil, spinach, or whole wheat.  
Create your own wrap or choose one of our mouth-watering inspirations!

### CALIFORNIA WRAP

Tomato basil wrap stuffed with smoked turkey, bacon, tomato, avocado, lettuce, pepper jack cheese and ranch dressing.

**\$7.50**

### CHICKEN PORTOBELLO WRAP

Julienned chicken breast and portobello mushrooms grilled to order and served on a bed of baby spinach, tomatoes and mozzarella cheese drizzled with Caesar dressing, in a tomato basil wrap.

**\$7.50**

### ROAST BEEF PANINI

Seasoned roast beef with grilled red onions, Vermont cheddar and horseradish sour cream sauce.

**\$7.50**

### ROASTED VEGGIE PANINI

Marinated grilled vegetables, vine-ripe tomatoes and fresh mozzarella cheese smothered in our homemade basil pesto sauce.

**\$6.50**

### THE "WANNA BE ITALIAN" PANINI

Salami, ham, pepperoni, and American cheese served on the witness stand with lettuce, tomato and mayo. "Badda Bing"

**\$7.00**

### CHICKEN CORDON PANINI

Our house breaded chicken cutlet & Boar's Head deluxe ham with lettuce, tomato, Swiss cheese, and ranch dressing

**\$7.00**

### SOUTHWEST STEAK WRAP

Southwest seasoned steak, caramelized peppers and onions with melted pepper jack and cheddar cheeses, in a spinach wrap, served with lettuce, tomatoes and mayo.

**\$7.50**

### CHICKEN CAESAR WRAP

Whole wheat wrap stuffed with chopped romaine, grilled chicken, croutons, and Parmesan cheese, all tossed with our house Caesar dressing.

**\$7.00**

## MAIN STREET MARKET GRILLED FLATBREADS

Served on multi-grain flatbread and then grilled on our sandwich press, these toasty, hand held sandwiches are sure to delight.  
Try one of our favorites or customize your own masterpiece.

### CAJUN TURKEY FLATBREAD

Spicy Cajun turkey, lettuce, tomato, crispy bacon, and pepper jack cheese smothered with ranch dressing.

**\$7.00**

### SMOKING CHIPOTLE FLATBREAD

Black Forest smoked ham dressed with lettuce, tomato, chipotle mayonnaise and smoked Gouda cheese.

**\$6.50**

### HOT PASTRAMI FLATBREAD

Hot grilled pastrami served with spicy brown mustard, lettuce, tomato, and Swiss cheese.

**\$6.50**

### BLAZING BUFFALO BLUE FLATBREAD

Sliced buffalo style chicken breast, lettuce, tomato, and chunky blue cheese dressing drizzled with "Red Hot"

buffalo sauce

**\$6.50**

## MAIN STREET MARKET GRINDERS

All grinders are served with lettuce, tomatoes, and mayonnaise.  
Feel free to create your own variation with any products that we carry.  
*It may just make it on to the next menu!*

### Ham and Cheese

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### TURKEY AND CHEESE

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### ROAST BEEF AND CHEESE

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### CHICKEN SALAD SUB

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### TUNA SALAD SUB

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### STEAK & CHEESE

8" \$7.00 / Wrap \$7.00  
1/2 Vienna \$9.00

### ITALIAN COLD CUT

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### MARKET VEGGIE

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00 / Wrap \$6.50

### MEATBALL AND CHEESE

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00

### EGGPLANT PARMESAN

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00

### CHICKEN PARMESAN

Water roll \$6.00 / 8" \$6.50  
1/2 Vienna \$8.00

### BLACK ANGUS CHEESEBURG

Water roll \$6.50 / 8" \$7.00  
1/2 Vienna \$9.00

Add peppers, onions, roasted red peppers or banana peppers to any grinder for an additional 25¢ per item.

**Before placing your order, please inform your server if a person in your party has a food allergy.**